

Please write clearly in block capitals.

Centre Number

Candidate Number

Surname _____

Forename(s) _____

Candidate signature _____

A-level

PSYCHOLOGY

A-level topic mock · Based on AQA
Psychology

Paper 3 · Section D option ·

Addiction

2026

Time allowed: 1 hour

Materials

For this paper you must have:

- a black ink or black ball-point pen.

Instructions

- This paper is for **A-level only** — Addiction is a Paper 3 option topic, not assessed at AS.
- Use black ink or black ball-point pen. Fill in the boxes above.
- Answer **all** questions in the spaces provided. If you need extra space, use the lined pages at the end.
- Cross through any rough work you do not want marked.

Information

- The marks for questions are shown in brackets. This paper covers **Addiction** only (AQA spec 4.3.10).
- **Maximum mark: 48.** The paper includes an 8-mark essay (Q10) and a 16-mark essay (Q11).
- Answer in continuous prose. You will be assessed on use of good English, clear organisation and specialist vocabulary.

For Examiner's Use	
Question	Mark
01	
02	
03	
04	
05	
06	
07	
08	
09	
10	
11	
TOTAL	

Section D

Addiction

Answer all questions in this section.

0 1 Which one of the following best describes **tolerance**? Write A, B, C or D in your answer book.

- A A strong desire to take a substance after stopping.
- B Needing more of a substance to achieve the same effect.
- C The unpleasant physical effects experienced when use stops.
- D A belief that one can control the outcome of a chance event.

[1 mark]

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0 2 Which one of the following is a stage in **Prochaska's six-stage model** of behaviour change? Write A, B, C or D in your answer book.

- A Desensitisation.
- B Disinhibition.
- C Precontemplation.
- D Reinforcement.

[1 mark]

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0 3 Which one of the following neurotransmitters is most associated with the rewarding effects of **nicotine**? Write A, B, C or D in your answer book.

- A Serotonin.
- B Acetylcholine.
- C GABA.
- D Dopamine.

[1 mark]

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0 4

Outline what is meant by **physical dependence**, **tolerance** and **withdrawal syndrome** in addiction.

[3 marks]

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0 7

Outline **Prochaska's six-stage model** of behaviour change as applied to addiction.

[4 marks]

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