

Please write clearly in block capitals.

Centre Number

Candidate Number

Surname _____

Forename(s) _____

Candidate signature _____

A-level

PSYCHOLOGY

A-level topic mock · Based on AQA
Psychology

Paper 3 · Section B option ·

Relationships

2026

Time allowed: 1 hour

Materials

For this paper you must have:

- a black ink or black ball-point pen.

Instructions

- This paper is for **A-level only** — Relationships is a Paper 3 option topic, not assessed at AS.
- Use black ink or black ball-point pen. Fill in the boxes above.
- Answer **all** questions in the spaces provided. If you need extra space, use the lined pages at the end.
- Cross through any rough work you do not want marked.

Information

- The marks for questions are shown in brackets. This paper covers **Relationships** only (AQA spec 4.3.2).
- **Maximum mark: 48.** The paper includes an 8-mark essay (Q10) and a 16-mark essay (Q11).
- Answer in continuous prose. You will be assessed on use of good English, clear organisation and specialist vocabulary.

For Examiner's Use	
Question	Mark
01	
02	
03	
04	
05	
06	
07	
08	
09	
10	
11	
TOTAL	

Section B

Relationships

Answer all questions in this section.

0 1

Which one of the following best describes the **matching hypothesis**? Write A, B, C or D in your answer book.

- A People are attracted to others who are physically very different from themselves.
- B People choose romantic partners of similar physical attractiveness to themselves.
- C People become more similar to their partner the longer the relationship lasts.
- D People are most attracted to the most physically attractive person they can find.

[1 mark]

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0 2

Which one of the following is **not** a factor in Rusbult's investment model? Write A, B, C or D in your answer book.

- A Satisfaction.
- B Comparison with alternatives.
- C Investment.
- D Complementarity.

[1 mark]

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0 3

Which one of the following best describes Duck's **grave-dressing phase**? Write A, B, C or D in your answer book.

- A One partner privately broods about dissatisfaction with the relationship.
- B The couple openly confronts each other about the problems in their relationship.
- C The breakdown becomes public; friends and family are told and take sides.
- D Each ex-partner constructs a personal narrative about why the relationship failed.

[1 mark]

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0 4

Outline what is meant by **self-disclosure** as a factor affecting attraction in romantic relationships.

[3 marks]

0 8

Briefly outline the **absorption-addiction model** as an explanation of **parasocial relationships**.

[3 marks]

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0 9

Outline the **three levels** of parasocial relationships identified by **McCutcheon et al. (2002)**.

[3 marks]

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